

## DELIGHT



# Quality of life

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### Strong together.

Family business with great commitment and experience.

Helmut Preiss, the founder and owner of H.Preiss International started his success story in 1993 as a dedicated sales professional. As early as 2002, he recognized the importance of water for a vital and nutrition-conscious lifestyle. From then on, he consistently focused his company on providing his customers with pure and bioenergetically revitalized water of the highest quality directly from the tap. His company H.Preiss International quickly developed into one of the most important suppliers of high-quality water treatment concepts and technologies and was able to establish itself as a water expert and supplier for private households and businesses in Germany, Austria, Switzerland, and many other countries.

Pure, revitalized water has an immense effect on us and provides more quality of life and enjoyment for humans and animals. However, water as the No. 1 foodstuff is hardly ever questioned in our society. Precisely because of this self-evident fact, we as a company strive to make it possible for our customers to experience the different qualities of water. Our motivation is therefore to provide competent and individual advice at your premises.

In doing so, we rely on decades of experience, special developments and high-quality materials. Our products are therefore exceptional in terms of durability, ease of operation, serviceability, efficiency and economic consumption values, taste and vitality of the water. Our innovative products and technologies now delight thousands of satisfied customers. And we continue to work on the development of new technologies, products and solutions every day.

H.Preiss International now provides thousands of users with daily access to pure and bioenergetically revitalized water, for greater well-being and enjoyment and a completely new attitude to life. With this incentive and pleasure, we have been at the service of our long-standing customers and you for more than two decades.

# Success has two letters: DO translated quote by Johann Wolfgang von Goethe



The simple chemical formula H<sub>2</sub>O reveals phenomenons that up until today are not completely researched in the full entity of the scientific spectrum. Modern water studies show: Water is much more than H<sub>2</sub>O.

The purer – containing fewer residues – and the more vital the water is, the lower the risk of residues in the body. Trace elements and minerals, e.g. in mineral water, according to experts, should not be part of our drinking water but part of our food consumption. Organic minerals in fruits, vegetables, and herbs are bioavailable and can be utilized by our bodies in a more reliable way. Compared to other methods of filtering, membrane technology is a very safe and thorough method to produce drinking water.

#### Water Vitalization and Stimulation

Tap water often gets chemically cleaned and is pushed through the usually straight water pipes with lots of high pressure. We don't know what happened to the water on the way from the waterworks to your home and how it gets impacted. We recognized early on that it's not only the water's purity but also the structure that matters. We care that you receive water with new energy and vitality. Every material consists of atoms. Their vibrations are random and unstructured. Thanks to the bioenergetic activation these vibrations get structured. They then don't vibrate chaotically but structured and parallel. That is why the relatively weakly energetic areas of every single atom get stronger and start to build up an energetic area around the materials. Through resonance, this energetic area conveys a new harmonic structure to the water and all foods that contain water.

This water has the purity, vitality, and the taste of a natural, fresh mountain spring.

**Foundation of our body functions** Water is the pillar of vitality and has become centre point of health discussion within the last few years. Lots of illnesses and symptoms stem from a lack of water which restrains the physiological and psychological body functions.

A newborn human being consists of 75% water. At an older age this percentage decreases to 60% because we tend to drink not enough. This lack of existential substance leads to impairment of the physiological processes of the body.

In the past couple of years, water and its quality have been heavily researched within studies and scientific surveys.



### What are the four most essential functions of water?

- Solvent
- Means of transport
- Detergent
- Information carrier

#### Did you know?

98% of all metabolic functions in the human body depend on two factors: the **amount** and the **quality** of water.

#### Why is water essential to survive?

- because humans consist of over 70% of water.
- because in 24 hours approximately 2000 litres of water run through our kidneys and approximately 1,400 liters of water run through our brain.
- because our body has a net of veins with an approximate length of 100,000km.
   Only 1.5 km are visible. The rest can only be seen with a microscope.

### What are the consequences of not drinking enough water?

Already

- at **2** %: Decrease in stamina and cogitation (small sensation of thirst)
- at 3 %: Lack of concentration and decrease in performance, a decline in saliva and in urine production (dark urine)
- at 4 %: reduced power (sensation of thirst)
- at 5 %: accelerated heart activity,
- faster pulse and temperature (low fever), anxiety
- at **6** %: Weakness, irritability, and exhaustion (strong sensation of thirst)
- at 8 %: Nausea and failure of motoric abilities
- at **10** %: Confusional state (failure of the central nervous system), cramps, gait abnormality
- at 15 %: the life-threatening limit is exceeded, potential skin cracks and organ failure
- at 20 %: deadly, the human organ system can't survive



#### Water is the basis of all health.

#### The water cycle of the earth

Almost three quarters of the earth's surface are covered with water. However, 97.5% of it is salt water, which is undrinkable for humans and animals. We can use only 0.8% of the water available on earth as drinking water.

Solar radiation causes the water in the world's oceans, rivers, and lakes to evaporate. It rises into the atmosphere, forms clouds, and returns to earth in the form of rain, hail or snow. Contaminants, such as dust, are already absorbed by the water in the atmosphere. Acidic industrial waste gases and, primarily, gases already contained in the air, such as oxygen and carbon dioxide, give precipitation its acidic character.

#### Substances are absorbed by the water

After impact, the precipitation first flows through the upper layer of soil, taking up humus substances, decay products, and carbonic acid. Depending on the soil structure, the water then absorbs different dissolved minerals such as calcium, magnesium, nitrate, iron, manganese, etc. and flows into our groundwater. Unfortunately, more and more undesirable substances such as pesticides and fungicides end up in our "number 1 food" this way.

But even the wastewater treatment of the utilities cannot remove many foreign substances, such as drug residues, hormones, and others from the water. Thus, the once natural basis of our lives is changing more and more.

#### Water quality varies from region to region

To provide our drinking water, water suppliers use surface water from lakes and rivers or groundwater and well water. The water cycle is closed. Regionally different, depending on where our drinking water is obtained, he mos diverse influencing factors make themselves felt.

### Lack of water as a possible cause of discomfort

Our body consists of about 70% water. But in our everyday routine, the important things in life often get lost, such as drinking enough water. Comprehensive functions of water are the basis of our metabolism, acid-base balance, nutrient supply, temperature regulation, and detoxification! If we add too little water to our body, it can no longer work properly. Our body shows us this with a wide variety of symptoms.

#### School grades in relation to water

For example, numerous international studies and scientific experiments have demonstrated a direct link between water intake and children's school grades. This is just one example of many that makes it worthwhile to think about water and to change something in one's own drinking behaviour.

#### We often forget to drink water

Often the feeling of thirst is not interpreted correctly, time is short, or flavored drinks are preferred for reasons of palate pleasure.

Despite an ever-growing health consciousness, sweetened beverages that burden the organism are consumed in abundance. It is not that difficult to increase the daily amount of water to a healthy level. Fill a bottle with fresh water in the morning and place it in your direct line of sight so that you are constantly reminded to drink.

It also makes sense to fill your own water for on the go, preferably in high-quality plastic bottles made of Tritan or in our food-safe stainless steel bottles. These bottles are very light, unbreakable, odorless and tasteless, and contain no plasticizers or bisphenol A. They are a practical alternative to glass bottles, especially for children. They are a practical alternative to the glass bottle and perfectly suitable especially for children and young people because of the risk of breakage that can be excluded.

This way it is easy to cover the daily need of about 2 liters of water and also probably the simplest, best and also cheapest precaution for health.



### Lack of water as a basis for lack of concentration



Thirsty children have poorer concentration Thirsty children and adolescents, but also adults, can concentrate poorly if the brain lacks water!

Author and school counselor Detlef Träbert advises: "Drinking plenty of fluids, exercise and fresh air are the key." As a former teacher, he knows what he's talking about when concentration and performance decline at school.

Dr. Helmut Heseker, nutritionist and head of the "Nutrition and Health" department at the University of Paderborn, and Professor Dr. Michael Weiß from the Institute of Sports Medicine at the University of Paderborn, have demonstrated in their evaluation of scientific studies on the subject of "Drinking and Performance at School" a clear correlation between drinking and performance among children and adolescents at school, but also in their leisure time.

One thing is certain: Thirsty children and teenagers have a harder time concentrating!

Water deficiency in children and adolescents About half of all the children and adolescents drink less than recommended (48% for boys, 59% for girls, says the Gesellschaft für Ernährung e. V.). It has been proven that insufficient fluid intake leads to poor concentration and poor performance. That drinking too much, on the other hand, is unhealthy has long been scientifically disproved, even if this misconception is still widespread and can even be found in some school textbooks. The problem is relatively simple to explain.

#### Sense of thirst

The sense of thirst in children and adolescents is often only very weakly developed and often the thirst signal is simply ignored. Especially when romping, running, climbing and playing with concentration, the thirst signal in children is often too weak to drink anything. This is particularly problematic for adolescents, who have a higher water requirement than adults. The hydrogen metabolism in children and also the proportion of water compared to the total body mass is significantly higher.

### Too little water reduces physical and mental performance

On top of that, an estimated 30% of all students leave home without breakfast and start the school day without hydration. Studies show that this already leads to reduced physical and mental performance, and states of exhaustion could be prevented by early and regular intake of water. Projects such as the German Federal Ministry of Food, Agriculture and Consumer Protection's "Drinking at School" also try to integrate suitable thirst quenchers into everyday school life.

### Water ensures well-being and quality of life



#### **Causes of back pain**

Many people complain of occasional back pain. However, most believe that the reasons can be attributed exclusively to overloading or incorrect posture. However, degeneration of the intervertebral disc due to lack of water, as well as nerve irritation or nerve crushing, can also be the cause of back pain.

Our intervertebral discs function like "shock absorbers" for the spine. If they are not adequately supplied with fluid, they lose volume under the pressure placed on them and can thus be the cause of one of the population's main ailments. Since the intervertebral discs themselves do not have blood vessels, they must be supplied with fluid, nutrients and oxygen through vessels in the adjacent vertebral bodies and connective tissue. At night, while lying down during sleep, they can regenerate and supply themselves with fluid like a dry sponge. This is also the reason why we are up to two centimeters taller in the morning after getting up than in the evening.



Lack of water promotes headaches Dehydration and non-optimal fluid supply to the cells can be the cause of headaches and even migraines.

The brain has a water content of over 90% and is flushed with up to 1,400 liters of fluid in the form of blood every day to supply it.

However, the body's daily water requirement is often not reached when drinking. So it is not surprising if the brain is the first organ to send distress signals in the form of pain when there is a lack of water.

> Recommended intake: 0,035 liters per kilogram of body weight

70 kg x 0,035 l = 2,45 l

more for sports and in summer!

### How good is our drinking water really?



#### Water situation in Germany

Due to its geographical location and precipitation situation, Germany is so rich in water that the demand for water can usually be met locally or regionally.

In Germany, the quality of drinking water is regulated by a drinking water ordinance. This is based on the EU Directive on the quality of water intended for human consumption. Among other things, it specifies the number of substances for which drinking water must be tested and the quantities in which individual substances may be contained.

#### Germany as leading industrial nation

According to UNESCO, Germany ranked only 57th among 122 nations in an international comparison of its water quality in lakes, rivers and other bodies of water, making it the second-worst country in Europe. Greater pollution of the basis of drinking water was only found in Romania.

#### But what is the reason for this?

Germany is a small country in terms of area with a high population density. In addition, Germany is one of the world's leading industrial nations. The consequences can be seen in our water in terms of industrial chemicals, fertilizers and pesticides, but also in the use of medicines in human and veterinary medicine.

#### Foreign substances in water

A wide variety of dissolved substances and materials are known to be present in water. The World Health Organization (WHO) recommends testing drinking water for at least about 200 of the most common substances.

According to the German Drinking Water Ordinance, however, our tap water is only tested for less than 30% of the foreign substances recommended by the WHO. In the case of mineral water, the figure is even lower. In addition, the limit values specified in the ordinances are only given in relation to the individual pollutant. According to experts, the health effects in the interaction of different substances are often unknown.

### In your home, the purity of your water has probably never been tested.

While the awareness for organic food has been growing for years, drinking water as the No. 1 foodstuff has not been given any special attention so far.

This is now clearly changing: Continuous educational work by the media, physicians, scientists, and nutrition experts is revealing more and more clearly that the quality of drinking water, both tap water and mineral water, does not always deliver what the general assumption promises.

#### **Public media reports**

Everyone thinks they have the best water, but every day there are media reports in newspapers, radio and television that tell of the opposite:

- Nitrate in drinking water increases risk of colon cancer Source: Ärzte Zeitung (Springer Medizin)
- Public utilities warn against pharmaceuticals in the water Source: Süddeutsche Zeitung
- Tap water contains dangerous microplastics - even in Germany Source: Focus

Babies, toddlers, seniors, and immunocompromised persons in particular have a much higher sensitivity to substances of concern than the normal adult organism.

### Water quality is only tested at the supplier's premises

Nature has provided us with uncontaminated water for many thousands of years. This water has not been disinfected or treated with anti-corrosion agents. It has not been enriched with minerals or oxygen, nor has sugar, ozone, carbon dioxide or alcohol been added.

No residues of pharmaceuticals such as clofibric acid (blood lipid-lowering agent), ibuprofen (anti-inflammatory), carbamazepine (anti-epileptic), metoprolol and sotalol (beta-blockers), sulfamethoxazole (antibiotic) were found in this water, nor were PFT, PAH, uranium, asbestos fibers, nitrate, lead, copper or endocrine disruptors.

#### No findings on interactions of different pollutants in drinking water

100 years ago, the problems were organic in nature - pathogens such as fungi, bacteria and viruses. Today, they are mainly of chemical origin - various substances from industry, pharmaceuticals, agriculture and households can be detected in tap water, and some of them cause considerable problems in wastewater treatment plants.

Many chemical contaminants contained in the large quantities of water cannot be removed, or not completely. And even though limits have been set for some of these pollutants, any interactions that occur between the various substances are almost completely unknown. Moreover, there are hardly any medical studies on the health hazards that can be derived from them.

### Our definition of "perfect water"

The basis of our definition is nature untouched by man and animals with water from artesian springs. One can still find purest water in the high mountains, such as in New Zealand or the Swiss High Alps.

Our parameters are: Physical and chemical measurands according to the drinking water ordinance, the behavior of animals and plants as well as subtle and esoteric measuring methods.

Water determinations from high mountain springs, research results of recognized scientists, Nobel Prize winners etc., findings of Prof. Dr. Vincent, Prof. Dr. Charles Mayo and Prof. Pischinger as well as the behavior of plants and animals provide information.

### How is the quality of water defined in terms of the Drinking Water Ordinance?

It must be chemically and bacteriologically pure and clear and comply with the prescribed limits. It is tested for pollutants at regular intervals!

#### The growth of plants demonstrates

While plants watered with tap or mineral water grow "normally", a large number of tests with H.Preiss water show a higher root density in plants, which may mean that high vital forces are at work.

### Animals depend on their instinct for survival

Animals that can perceive and locate the vibration of their home place (migratory birds, as well as pigeons, cats and dogs) or of a sexual partner (e.g. rutting of deer) over a great distance in a way that cannot be explained, show the superiority of the perception of living systems over scientific measurement methods. Tests with animals showed that our water is always preferred to other water. This is also confirmed to us by many animal owners.

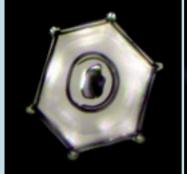


#### **Experiment with an elephant**

An experiment with zoo elephants showed that while the elephant greedily drank a 10-liter bucket of premium water in one go, it then sprayed the tap water served in the same container on its back. Cats virtually "guard" the water bowls filled with "H.Preiss premium water". Dogs also prefer to drink water from the "rain puddle" instead of from the tap.

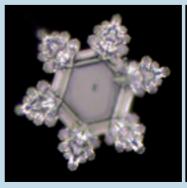
#### **Crystal photography**

Images on the left: Water molecules of conventional tap water





**Images on the right:** Water molecules of artesia24 naturpur premium after water revitalization





All pictures photographed by Ernst F. Braun according to the method of Dr. Masaru Emoto.

# Our water is life

"Water that flows is full of good qualities; if it comes to a stop, it loses them." Ibn Kalakis

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### THE WATER OF CHAMPIONS: CHAMPIONS: Tiny" Tina Rupprecht WBC World Boxing Champion - Minimumweight



Today, we are at the boxing club Haan in Augsburg. Here we meet the reigning WBC boxing World Champion Tina Rupprecht and her trainer Alexander Haan. First of all, thank you for being here. I know, the World Cup fight is coming up soon. Since how long do you know Tina and how did it all start? How did it happen that Tina is boxing with you?

*Alex:* Today, we are at the boxing club Haan in Augsburg / Echhausen. Here we meet the reigning WBC boxing World Champion Tina Rupprecht and her trainer Alexander Haan. First of all, thank you for being here. I know, the World Cup fight is coming up soon. Since how long do you know Tina and how did it all start? How did it happen that Tina is boxing with you?

Great, what makes her special? What do you imagine, how will her future be with you and in boxing? *Alex:* Her future depends on her performance, how she trains and prepares herself with ambition for every fight; not only from the athletic perspective, but also in general. Getting up in the morning, organizing private stuff and finding time for sports. Until recently, she also had her teaching degree, which was also a burden. Yes, it is a skill for every athlete to combine this, to find time and then give 120 percent. She is a role model, not only for women and girls, but also for men. Anyone can do what she has done. You just have to set a goal and train a lot.

First of all, congratulations to this mega, mega success. Well, I cannot imagine it, and I believe many of our viewers either, how does it feel to be a world champion, and how do you even realize that you are really the WBC Box World Champion? Can you tell us a little bit about it?



**Tina:** Yes, it took a while to realize what you actually achieved. WBC is the highest title in professional boxing. The title has Muhammad Ali, Mike Tyson and, of course, you are proud of the fact that everything pays off after you have worked for so long.

I can only say it over and over again, incredibly great, you are our little Muhammad Ali, in mini. What many viewers are also interested in, how many hours do you practice every day, or more precisely, how are you dealing with your time management, how many hours of training, what does all this entail?

**Tina:** Yes, you have to be very organized and it always depends on in which (training) phase you are. Right now, we are in the midst of direct competition preparation, we train twice a day, early and in the evening, three hours each. You also need time for regeneration, physiotherapy. That's also time that you have to plan and this is likewise important. You just have to focus and put on hold everything else.

Now something very interesting for all of us, how does your dietary behaviour look like, so what are you allowed to eat? What do you have to pay attention to? Tell me a bit about your nutrition plan. *Tina:* Yes, in professional sports, the diet plays an important role. In general, I pay particular attention in the preparation of what I eat as well as the quality and, of course, on a sufficient hydration, because that also plays

#### So that's quite interesting, what are you drinking? What does a professional athlete drink? How much and what?

a central role.

**Tina:** After all, the human body consists of more than half of water, this is why water is my number one liquid. And then it depends on the quality of water and what ingredients are in it.

### So not every water is suitable for you? Can I say that?

**Tina:** Yes! Of course, at a certain level in professional sports, you are always trying to find a few percentages anywhere to increase your performance. Through a very good friend I became aware of the company H.Preiss International. For some time now I have bio-energized water in my home and I take it everywhere with me.

So you found your water; can you tell me what has changed? You know the situation before, normal water, and now, with the bio-energized water, what's the difference? You know your body, what happened? *Tina:* Yes, you can recognize it, you regenerate faster, especially after very intensive training sessions, you just feel fit faster and because I have the system at home, I also automatically drink more, I always have my bottled water with me and then I automatically drink more. You also notice it in the food preparation, just the aroma of the food when I wash it with this water is something completely different.

In short, you couldn't imagine it any other way, I suppose?

Tina: No, I don't want to either.

Very well, can I say consequently that your athletic future, your big success - which will grow, I know for sure - is on the right track with H.Preiss International water? Could I say that?

I'm very happy that I've won such a great water for me. Today, I do not want to miss it and that is the perfect complement to my training to gain even more performance.





maximilianschwarzhuber.com

#### MAXIMILIAN SCHWARZHUBER Brand ambassador

#### How it all began

Maximilian Schwarzhuber was born on September 3, 1992. He is the first child of his parents, who at this time do not have the slightest idea of what lies ahead for them and their son. On the afternoon of October 19, 1994, Maximilian wakes up paralyzed at the age of 2 after a nap. He can no longer move his feet. Over the years, many months of hospital stays accumulate. Munich, Regensburg, Würzburg, Murnau, Neuburg, Pfaffenhofen and many more. Always connected with the hope that something will improve soon. Countless operations and treatments always provide only short-term improvement. A life without a wheelchair and crutches is unthinkable.

#### The decision

"After more than 22 years of illness and suffering combined with bullying at school and suicidal thoughts, I was faced with the most difficult decision of my life so far at the age of 24: Do I have both feet amputated or not? How should I decide? And the worst: once amputated, there is no way back. Today, the answer seems clear: the amputation was absolutely the right decision and how well I am doing now, I did not even dare to dream at that time. When I woke up on 14.02.2017 after the successful amputation of my two lower legs and saw my stumps, I already knew that it was the right decision. Why was I so Extreme athlete and speaker Wolnzach, Germany

sure about that? Simple. There was only one possible way left. I had virtually burned all bridges behind me and my undivided focus was on my new life without feet. No more coulda, woulda or coulda. No more thinking about the many other possibilities to save my feet. There was no more trying. There was only doing. Inevitably."

#### Why optimism is worth striving for?

The optimist is solution-oriented and sees an opportunity even in defeat. His belief system does not allow him to see anything bad in the first place. Like a self-fulfilling prophecy, the optimist attracts positive things into his life like a magnet. He also asks the right questions. The optimist knows that there is no reality and that one's own faith can move mountains. If there is no real reality anyway, why not just create your own reality?

### #reineswasserinside

#### 136 days of optimism

Only four days after the successful surgery, Maximilian starts training. Is it realistic to run a 10-kilometer race 136 days after a bilateral transtibial amputation? "I don't know because I never asked myself this question. The question I asked myself at the time: How can I run 10 kilometers in 136 days? The difference between those two questions is huge."

Several challenges followed, such as half marathons, marathons and triathlons. and the Alpine Cross 2021, cycling 463 kilometers from Munich to Venice in just 22 hours and 50 minutes. His biggest goal is called "Ironman in Hawaii".

#### Today: extreme athlete, speaker, and expert.

As a professional speaker and expert, Maximilian Schwarzhuber motivates seminar and lecture participants with his unique story to make people and companies more successful and happier. Mastering life with your head held high and a smile on your lips despite or even because of a heavy blow of fate. This is what Maximilian Schwarzhuber teaches as an expert in motivation, willpower and resilience.

#### My premium water is always with me

"I had been looking for the perfect water for quite some time, one that would provide me with the best possible care for all my sporting challenges. Through an acquaintance, I then heard about the company H.Preiss International and spontaneously dropped by the Water World in Ipsheim. There I was personally introduced to the wonderful Water World by Helmut Preiss (owner). In order to be able to take a closer look at the bioenergetically revitalized water, I was provided with two large water balloons and what can I say, I am totally thrilled. In the meantime, I have the artesia24 naturpur Premium in my kitchen and look forward to the pure water pleasure every day."



#### **Crossing Germany**

From Flensburg to Oberstdorf in 48 hours. "Knowing beforehand that it will work is no motivation for me!" says Maxl, as he is called by his friends. On May 6, 2022, at 12 noon, this insane tour by Maximilian Schwarzhuber (29) and extreme athlete Achim Heukemes (70) started, with 190 liters of pure, revitalized premium water from H.Preiss International along for the ride. On Saturday night, Maxl is already plagued



by unbearable knee pain, but he doesn't want to give up and fights his way through the darkness. Shortly before the finish, it is no longer possible to continue, the right knee completely refuses to work. He has to stop. He covered an incredible **921.68 km** in **43:50 hours** by bike.



ER. DASS

WASSER" DER ZUK SCHICHT

SEIT 2002 HAT SICH DER VISIO

**#KICKERSFAMILIE Kickers start cooperation with H.Preiss International. Experts for** water treatment from the region.

Helmut Preiss started his success story already in 1993 - early on he understood that "water" will be the future market of the 21st century. Since 2002, the visionary has made a name for himself with his own company, H.Preiss International, not only nationally but also internationally. The company has a particularly strong presence in Germany, Austria and France.

Helmut Preiss has led H.Preiss to a successful company in the field of water treatment, which is very multifaceted. Whether filtering, softening remineralizing, enriching with free hydrogen or revitalizing: the products and capabilities of the Ipsheim-based company from the district of Neustadt an der Aisch are versatile.

"We have long recognized the immense effectiveness that revitalized and pure water has on our bodies. Particularly during sports, we need to regularly replenish our water reserves," explains company boss Helmut Preiss, adding: "For us, it therefore makes sense to combine our love of sports with our enthusiasm for pure and energized water. That's why we are committed to national and regional sports associations and clubs."



They are beaming: Peter Kurzweg (licensed player of the Kickers) and GF Helmut Preiss in the "Dalle".

Since summer 2020, the Ipsheim-based company from the district of Neustadt an der Aisch has been active with FC Würzburger Kickers. The company logo can be seen on LED boards and banners around the stadium. It also adorned the sleeve of the Kickers jersey at the DFB Cup matches of the past two years against Hannover 96 and SC Freiburg.

"Water is our elixir of life. Thanks to H.Preiss International, it makes a great contribution to our well-being in its pure form. As professional athletes, we pay special attention to our nutrition and water plays an essential role in this. The improved quality, structure and energy is noticeable through the use of H.Preiss equipment. Therefore, we are very proud of the trustful partnership with an ambitious company from the region," says Sebastian Neumann, sports director of the Kickers.



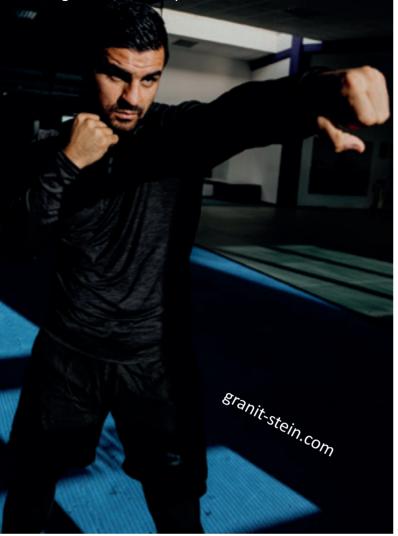






#### Reference Granit Stein

**Professional boxer** Brand ambassador Ingolstadt, Germany



My name is Granit "stone" Bylygbashi, I am 26 years old and have been boxing for over 10 years years. My biggest titles so far have been German champion, junior world champion light heavyweight and since 2019 WBU European champion Light Heavyweight.

As an athlete, I've always had a very good feeling towards my body, and ever since I've been drinking the pure, fresh, and energetic water from H.Preiss International I feel even more comfortable. I can even feel the good energy that my body receives from the water. The water is especially great to regenerate after a training session or competition. It just tastes excellent, detoxifies, and quickly washes away all the toxins that are in your body.

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My well-being has improved and my performance increased. My metabolism is more active now too.

The water is so beneficial, for me as a sportsman and for all other people, and I can only highly recommend it to everyone to make this investment.

This investment is better than any good life insurance:

- Stress index is lowered
- Regeneration is accelerated
- Dehydration is prevented
- Concentration is improved
- Active environmental protection
- No more water bottles and crates to be carried home
- Easy to tap and enjoy
- More energy available
- Cell supply improves
- Metabolism gets improved ...

I can recommend it to everyone to do the same. I feel super comfortable thanks to the bio-energetic revitalized water, full of energy, and in a good mood.

#### Yours Granit Stein



#### DR. MED. PETER RENNER Physician with spot medical-cardiological focus and competitive athlete Fürth

#### The role of water in competitive sports

Competitive athletes lose up to three liters of water per hour, depending on their workload, body weight and outside temperature. The human body of an adult consists of about 70 % water and already with a loss of two percent of the body fluid the performance in training and competition deteriorates considerably.

At a fluid loss of 5%, performance is normally already reduced by about 30%, and at a loss of 8%, even breathing is impeded and weakness and mental confusion can occur. This is due to the lack of fluid in the blood and tissues. The blood flows more slowly and the supply of oxygen and nutrients to muscles and organs is restricted. An adequate supply of fluids therefore not only prevents cramps, but also impaired concentration and coordination.

#### But not only water is lost

During competitive sports, however, the body loses not only a lot of water through sweating, but also important minerals, i.e. electrolytes especially salt. That's why many athletes mix special sports drinks, including physician and cyclist Dr. Peter Renner, MD. The doctor, who specializes in sports medicine and cardiology, uses pure and revitalized water for his mixed drinks, which comes from one of our H.Preiss systems at his home. Thus, he does not have to worry about possible foreign substances in his drink.











#reineswasserinside



SPVGG GREUTHER FÜRTH Professional football Fürth, Germany



Today, we are sitting in the sports park Ronhof Thomas Sommer. Next to me is Martin Meichelbeck, a former professional soccer player, sports psychologist and currently working for Spielvereinigung Greuther Fürth as Director of Medicine, Sports Psychology, Sport Sciences and Innovation.

Martin Meichelbeck, the Spielvereinigung Greuther Fürth has already been using the equipment of H.Preiss International for several months. How has the company aroused your interest?

For us, it was always about to check, how can we improve the regeneration and the nutritional behavior of our players and, of course, water plays a significant role. Thus, we got in touch with Preiss through a very important person for our club, Mr. Fritsch. He aroused our interest and so we invited the people of H.Preiss and noticed, that this is a product, that can really help us and so we dealt intensively with it.

You have already mentioned it briefly, but what was the decisive factor to install the devices of H.Preiss International right here at the Spielvereinigung, to equip the different areas of the Spielvereinigung. Why did the club opt for this step?

It was ultimately about improving the topic of regeneration, improving our dietary habits. Thus, we tried out different things, also by means of a study together with H. Preiss.

This was a bio-energetic study to see how health, regeneration, and stress index are affected. In fact, our professional players participated and were very cooperative. And the results have certainly shown us that this clear, soft, voluminous water really helps us. The feedback was very good and that's why we decided to install this system in the club



Martin Meichelbeck, former professional football player, sports psychologist and currently working as Director of Medicin, Sports Psychology, Sport Sciences and innovation.

as well as in the catering, in our sprinkler system and in our youth training centers. And, of course, in the professional field, we have also installed various systems and the feedback from all employees is very good.

This shows us that we have made a very good choice and also a very good decision. And, as I said, we can only recommend the product. You always think water is water, but no, it is water treated energetically, it is activated water and when you come into contact with this water, all the foods get a completely different taste. It tastes very soft and as I said, it makes you feel better afterwards and that's why we did it and we're convinced of the product.

#### You have already mentioned it, but again more precisely, in which areas and fields of application is the water used exactly, even sprinkler systems.

Exactly, for the lawn sprinkler - the greenkeepers are happy about it. You can see it from the lawn, it is greener. You can also see it from the food, when it is washed with it, it simply tastes better, and it's free from all kinds of toxins and foreign substances. Now we are using it in the professional field for all preparations of energy drinks. We also drink the water completely pure. We use it in many ways, the catering even uses it for its dishwashers. With this system from H.Preiss International, we are steering the right way.

### What idea was behind dealing more closely with this issue?

Professional soccer is a very detailed work and since water makes up a large part of the body, water is an important part of life and actually the source of life. Consequently, we have also devoted ourselves to this central issue. Based on many talks which we held as well as investigations that we carried out together, we realized that for professional soccer water can be an important component.

# Mr. Steiniger, have you noticed any changes or improvements from the point of view of athletes?

We as professional athletes have a very good perception of our own body and it is my opinion that the water for showering feels softer and more revitalizing. I also like the water very much. After training and before training, I prepare my coffee with it, wash my fruit with it. All in all, I have a very positive impression of the water.

#### Mr. Meichelbeck, what improvement or adjustments do you expect from this change? We work in the competitive soccer, we are in a meritocracy. Of course, I hope that with the component water we also achieve a constant performance and this, of course, at all levels of the club - that's the ultimate goal. It's about stability, it's about optimization and the factor water can help us with that.

#### Thank you very much, Mister Meichelbeck.



# GRÜN, GRÜNER, BELEBTES WASSER



Wasser nach dem Vorbild der Natur: Kleeblatt-Regionalpartner H.Preiss International lässt nicht nur den Rasen im Sportpark Ronhof I Thomas Sommer sprießen.

Ein Jahr nach dem Einbau der Technologien aus dem Hause H.Preiss International strahlt der Rasen im Sportpark Ronhof I Thomas Sommer grüner als je zuvor. Durch hervorragende Ingenieurarbeit ist es der Firma H.Preiss International gelungen, bahnbrechende und innovative Produkte der Wasseraufbereitung und Wasserbelebung auf dem Markt zu etablieren. Seit der Installation der aquaSpins in unseren Wasserleitungen erhielt der Rasen ein kräftigeres Wurzelbild. Aber nicht nur unsere Greenkeeper profitieren von der Anschaffung, auch im Catering-Bereich zeigen sich viele Vorteile. Alle Maschinen und Geräte, die mit diesem Wasser gespeist werden, erfahren einen besseren Kalkschutz und einen geringeren Reinigungsaufwand. Es reichen zum Beispiel bereits viel geringere Mengen an Spül- und Reinigungsmitteln in den Geschirrspülern aus.

Damit schützt die SpVgg gleichzeitig die Umwelt und trägt zum Thema Nachhaltigkeit bei. Auch die Kleeblatt-Spieler und -Mitarbeiter bemerken den Unterschied, ob bei der Zubereitung von Shakes oder beim Duschen. Alle Speisen und Gerichte entwickeln einen ausgeprägteren und vollmundigeren Geschmack. Selbst der Kaffee schmeckt feiner und intensiver. Der aquaSpin verwandelt das Wasser spürbar in energiereiches und belebendes Wohlfühlwasser.

Mittlerweile wurde die komplette Sp'/gg, vom Sprinklersystem bis hin zum Nachwuchsbereich, mit den Technologien von H.Preiss International ausgestattet und die Rückmeldungen aller Mitarbeiter waren sehr gut. Der Einbau der aquaSpins war ein wichtiger Baustein in der stetigen Verbesserung des Kleeblatts.

Wenn auch Sie als Fan, Partner oder Sponsor in den Genuss der Vorteile kommen möchten: Die Technologien von H.Preiss International erzielen auch in Privathaushalten, Industrie- und Gewerbebetrieben ihre umfangreichen Vorteile und Nutzen!

Text: H Preiss International



Foto: H.Preiss International



### Model Nature!

## Bio-energetic activated water

COMPONENTS Without salt & electricity No maintenance costs Made in Germany Certified individual parts TÜV Hessen checked

WATER EXPERIENCE Vitalizing the body Soft skin & hair Feel-good water Fewer chemicals are needed

#### aqua-spin.com

#### EFFECT

Invigorating & vitalizing for people, animals and plants Faster & more magnificent plant growth

#### MORE TASTE

Taste explosion Energy & vitality Longer shelf life Full coffee aroma

#### WE ALSO TEST YOUR WATER FOR FREE!



Offizieller Regionalpartner der SpVgg Greuther Fürth

#### Reference

Race Tandem Dr. Peter Renner Tim Kleinwächter Brand Ambassadors

> HERRMANN Renntandem

ntandem
powered by

**#reineswasserinside** – this hashtag is brought to life with Tim Kleinwächter and Dr. PeterRenner, travelling the streets of this world together on their race tandem. The cyclists have been collaborating with H.Preiss International since 2019 which they both really appreciate.

"For us, it was an important and absolutely logical step to deal with the topic of water and from now on we are happy to drink bio-energetic and pure water", says Tim Kleinwächter. Since he had a serious accident, Tim Kleinwächter has been severely

### **ROAD TO TOKYO 2020**

restricted in his eyesight and therefore can no longer control a bike. Since 2016 he is, together with Dr. Peter Renner, part of the paralympic tandem discipline and they participate in competitions. Several times they became German champion, this year they were in the TopTen of the World Championship in Dutch Emmen and have been permanently part of the German national team since 2018.

Peter Renner is a doctor and accompanies the project aside its sporting aspect together with his employer - the sports medicine examination center iQ-Move in Erlangen - in the medical, professional regard. The iQ-Move with Dr. Fraunhofer is also the medical and health partner of the SpVgg Greuther Fürth which also relies on activated water (see the article on page 28).

The two athletes can have their own familiar, healthy water also while they are travelling – thanks to a mobile travel system. As soon as they have checked into their hotel room, our system immediately gets connected and they can enjoy the benefits of their own water supply.

Even in countries where tap water often smells and tastes of chlorine, thanks to our system, there is no more carrying around crates of water bottles, no bottle waste, and both get purer water than in any supermarket. The whole national team knows about this secret and so it's no surprise, that the water system runs non-stop, because the team-mates enjoy the pure, bio-energetic and activated water as well.

The two athletes have felt more balanced since then, the regeneration times could be easily shortened in different ways and the sports drinks also taste "somehow simply better". In addition, both athletes drink from their new plasticizers, BPA ,and BPB free water bottles from H.Preiss International and promote the absence of PET bottles as well as other environmental aspects.

Helmut Preiss could immediately convince Peter Renner with a simple coffee comparison during their first meeting. "I am a passionate coffee drinker and proud owner of a beautiful Italian Portafilter machine. As a conventional medical doctor, it is absolutely fundamental for me to judge things very critically and I haven't informed myself so much yet about the whole water topic at that time but the coffee with water from Ipsheim has definitely convinced me from the start." The upcoming 2020 season will be very important and exciting for Tim Kleinwächter and Peter Renner. In addition to the World Road Championships in June, the participants for the Paralympics are to be nominated for Tokyo afterward.

H.Preiss International is keeping their fingers crossed for them!

### #reineswasserinside







#### Reference Annekatrin THIELE

Brand ambassador

Olympic medalist in rowing Professional athlete Leipzig, Germany

<ul> <li>Platz Olympische Spiele im Doppelzweier (Silbermedaille)</li> <li>Platz Olympische Spiele im Doppelvierer (Silbermedaille)</li> <li>Platz Europameisterschaften im Doppelvierer</li> <li>Platz Weltmeisterschaften im Doppelvierer</li> <li>Platz Europameisterschaften im Doppelvierer</li> <li>Platz Europameisterschaften im Doppelvierer</li> <li>Platz Weltmeisterschaften im Doppelvierer</li> <li>Platz Europameisterschaften im Doppelvierer</li> <li>Platz Europameisterschaften im Doppelvierer</li> <li>Platz Buropameisterschaften im Doppelvierer</li> <li>Platz Europameisterschaften im Doppelvierer</li> </ul>
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Annekatrin Thiele in an interview with Ingo Hahne, reporter for MDR:

You achieved all that can be achieved, you are the European champion, the world champion, you won the gold medal at the Olympics. We want to talk about water today and by water we mean bioenergetically activated water. How does that taste? When I talk about this to my friends, they always think I am crazy! But it does taste differently, it tastes as if I am drinking water directly out of the spring, like when I was in the training camp in St. Moritz at a mountain lake.

### How much do you drink during a day or week?

Well, I can't really say how much per week but per training I drink around 2 litres, which adds up to 4 to 5 liters per day.

Annekatrin Thiele achieved all that can be achieved now she's aiming for a second gold medal in Tokyo.

O Photo: Yannick Schurv

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You are a professional athlete, currently training for the Olympics in Tokyo, so how does the water impact you and how does it differ from the water you've drunk before? Sometimes I cannot avoid it to drink different water, however, it makes me feel more tired, it takes me longer to start my day and I feel I need to use the bathroom more often. It is almost as if the water just gets flushed through my body whereas with the energetic water, I feel it really reaches me on a deeper level. I feel more awake.

#### Can you feel that it refreshes your body?

I feel there are a few factors here, at least when I am exercising, my muscles seem to be able to work longer, I feel I have more oxygen and my muscles get not as easily tired but I also think that I have a better ability to focus because of it.

#### For you as an athlete, it is really important to be able to regenerate fast, do you feel a change in this regard?

Compared to other athletes, I am older and I believe, I always had a good capability to regenerate, but I think the electrolytes that we have to take or amino acids or carbohydrates drinks, they taste much better with water, and so I would say, yes, I can regenerate faster because of this.



You won the gold medal at the Olympics and it's said that it's twice as hard to defend an Olympic medal, but do you think you can succeed and that the water will help you a second time?

I do think this small aspect can make a big difference. As you said, we are all training very hard, we are all extremly professional and so I was very pleased when I got asked to try this.





#### Pure taste

About two to three litres per day is the recommended intake of water. But it is not only the quantity which is decisive but also, and in particular, the quality of the cool liquid. Invigorated and activated water is pure life energy and enjoyment. A balanced and healthy diet is based, among other things, on the use of high-quality water. People who maintain a balanced diet and pay attention to their quality of life are also demanding when it comes to the quality of their water.

#### Made to suit your taste

Did you know that we humans can differentiate between ten thousand different aromas? Not without reason is an "explosion of flavours" referred to in this context. All aromas and ingredients can develop to their full extent in modified aquaSpin water.

#### **Re-discover aroma!**

Simply do something for your well-being. Stay relaxed and still have a clear conscience regarding the environment.

Enjoy with all your senses and still have a good feeling. Energy-rich and invigorated water convinces through its fine taste, easy digestibility and long shelf-life.

It is for this very reason that lovers of coffee and tea swear by soft, fresh and invigorated water. This guarantees exceptional drinking enjoyment and all foodstuffs become part of an incomparable taste experience.

#### Water determines the quality

A very important component of our daily diet is top quality and well-prepared food. We place high demands for this on cooks and restauranteurs. In kitchens, canteens and large-scale kitchens, water also has a very big influence on the quality of the meals as the basis of the foodstuffs. With aquaSpin water all foods taste finer and all ingredients fresher, more aromatic and retain their original taste.

All meals prepared with aquaSpin water develop a more marked and full-bodied taste experience. Herbs, vegetables and fruit stay longer fresh. Coffee and tea also taste finer and develop a more intensive aroma.

### Lower consumption and cost saving

In the commercial sector a reduced consumption of detergents and cleaning agents can be seen. Production is carried out in an ecological and environmentally-friendly manner. All machines and devices which are used with water are given a better limescale protection, require less effort to clean and there is a reduction in limescale deposits in all equipment, piping and boiler systems.

The positive consequence: Longer lifetime of devices such as coffee machines, washing machines and heat exchangers and a significant cost reduction for repairs and maintenance. All parts which transport water, such as nozzles and conveyor belts, remain fully functional over a longer period. Combination steamers, heated wells and coffee makers are protected over the long term.

## HOTEL AM SCHLOSSPARK Georg Döbbeler Gotha









"Our guests are showing us something today – something that they know from the media: a healthy diet, restorative sleep and sustainable products that are offered in the hotel. And this is what we've somewhat devoted ourselves to. We no longer serve mineral water to our guests in the conference area. Instead, we only offer our water, from our pipe. All drinks and food develop a tasty flavor."

Mr. Döbbeler - Hotel am Schlosspark Gotha

## Reference Johann EBNER

Bio-Bistro Bio-Shop Bio-Cooking School Schladming, Austria OC





Indeed, we are living in a wonderful region here in the Dachstein area, however, it was shocking to hear that according to Franz Pointner's test the water is very polluted. I couldn't believe it because I've always thought that we had such a fresh water from the mountains and springs. I only realized the truth after a year. I kept the filter and checked how much dirt was left in the filter throughout that year. And now I am asking myself why I didnt't consult anyone earlier to check my water because my body had to cope with all that dirt. I think that it's really important to realize that at one point the body isn't able to deal with this anymore or you get sick. We need clear and pure water.

We founded a cooking school, the first organic, vegetarian and vegan cooking school in Austria, so for us it is even more important to cook with clean water. It was so good to observe that people started to recognize the difference of how our food tastes once we started to use the pure water. This was the ultimate proof that I can increase the quality of my dishes and I am so grateful and can only encourage everyone to think about it. We can't change the air and pollution, however we can change our consumer behaviour. If we buy pure groceries, if we drink pure water, we feel better and so does the planet. This is really important!



We specialise in vegan, basic cuisine. Every day we cook a vegan basic stock or a vegetable stock and this is the foundation for all our meals, be it soups, be it for adding it to main dishes or for stews. We use left-over vegetables, lots of seasoning, and years ago we also used polluted, of course not according to law, but still polluted water. Now we use clear water. Pure, organic water and I couldn't imagine anything different anymore. We cook very basic with it. We tend to overacidify through our food and drinks and so it is important to refill our bases with a healthy diet. Therefore, we also need pure, clear water.

I recommend to get your water checked by an expert without commitment, just that you get it analysed. We love to analyse everything, our fitness results, our health but when it comes to our diet or our water, it happens quite rarely. Only after you've got a proper analysis, you can decide what to do next. Some people have their own spring but even that spring might not be of the best quality. You don't know and keep drinking thousands of litres of unhealthy water and at some point your body will tell you to stop. If I think about it, we love to have pasta and it is such a difference in taste now. We also have a bistro here and serve coffee and tea and whenever I am travelling and use water in hotels or at events. I can taste such a difference. Now we even carry our own clear and pure water with us and I am very grateful for that.

In terms of herbs, I can tell you that of course you soak them in water to keep them fresh and it is obvious to see that the clear and pure water helps the herbs and flowers to last much longer. Especially, when you compare it over night. You can even taste the difference. When you wash fruits with the clean water it tastes completely different and I am speaking of organic fruits anyway, we don't use sprayed fruits at all.





# Positive experiences in the field of hotel and gastronomy

In the hotel industry and in spa facilities the contact points with the element of water are greater than anywhere else. Based on the motto: "Nothing is too good for our guests!" aquaSpin water also has many fans in the hotel and restaurant industry and people who appreciate it when water does not simply have an excellent taste but can also be used in baths and pools. A top-class sense of well-being is experienced by the guests when they swim or shower in invigorated, energy-rich aquaSpin water. A swimmer or hotel guest experiences relaxation, vitality and a lively freshness at the highest level. When used in swimming baths and hotel pools the invigorated water feels particularly gentle and soft on the skin, the burning of the eyes is almost completely eliminated and



the chlorine smell, which is often considered annoying, is reduced. However, water revitalisation with aquaSpin also has enormous economic advantages in the commercial sector through the cost saving for cleaning work in wet areas and ecologically through the significant reduction in detergents and cleaning agents, an optimised use of swimming bath chemicals and an increased protection of piping systems and technical equipment with a gradual reduction in maintenance costs.

"Hotel guests wish to have relaxation, vitality and a lively freshness."

The image boost for the hotel and restaurant industry through satisfied guests, together with improved customer loyalty as a result of the increased feel-good factor and the positive recommendations, brings anyone who is prepared to take on new paths and to invest in the satisfaction of his visitors overall new numbers of satisfied guests and positive recommendations.













We're the Kramers and we made a dream come true. We bought an old hotel that we convert into a holistic centre for seminars and retreat. This holistic concept recognizes water as a very important element. Thus, we were looking for a water activator and compared different products. One of my daughters discovered on an exhibition a very great system. A friendly sales representative visited us shortly thereafter and informed us well. We decided to buy the device. We're glad to have now clean and activated water directly from the pipe.

Here we have a very big problem with chalk, aggressive chalk. The water pipes, restrooms and bathrooms are coated with lime deposits. The water activator harmonizes chalk, it gets softer. We always offer our guests hot water. If you want to clean the kettle, you just have to swivel it once and the chalk is removed. The chalk does no longer stick aggressively like cement on household applications but is soft and harmonic. You notice that also in regard to the energy in the house.

When the energy level of the water is good, this will also have an impact on the overall well-being in the house.

Chalk is an issue, but more importantly, water should be drinkable. In fact, it's absurd to transport bottled water throughout the landscape, just because tap water is alleged to be not drinkable. Thus, water comes from a different spring, a reputedly better spring, but which isn't better after all, and the peoe carry bottled water. We don't deem this appropriate. We want to offer our guests drinking water that comes straight from the pipe. And this works very well, because water tastes like spring water. People feel good about it and get new energy. Water isn't only necessary for drinking and washing, but we also need it in our kitchen, especially for preparing meals. Water is also essential for curing, especially if a person has waste products and toxins deposited in the body. People need activated water, it helps to bind toxins and eliminate them through the body. That's why this water is important in so many ways and therefore helps us to realize our concept.

We like to drink this water and so do our guests. We don't regret the decision to install the system right at the start and that we didn't hesitate. We think that the H.Preiss activator combines many principles in a perfect way resulting in an ideal water energisation.

We are planning to open a vegan, biological restaurant, which requires high quality water for cooking.



Reference **Tanja MICHELINI Country Inn Trattnig** Trattnig, Austria

I am a very health-conscious person. For me it is important to pay attention to quality, also to the quality of drinking water. After a water analysis it became clear to me that I want to use an artesia24 in my houshold. I was convinced, so I wanted to have this pure water full of high quality for our guests, too. I feel great because of the water and it is a real pleasure to also offer this to my guests.

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Especially with kids I have two kids, it is really important to me that they don't drink from plastic bottles but are able to drink the best water. We now own an aquaSpin that is directly connected to our main water line in the basement. And therefore, we have activated water in all pipes throughout the house.

That means that we have significantly less limescale in our dishwasher, glasswasher, washing machine and when taking a shower, easier cleaning and everything without chemicals, also with less cleaning agent, of course.

We enjoy the benefits, and our guests do so as well.





Positive experiences in the field of swimming pools, spas and hotel pools

Used in swimming pools and hotel pools, the vitalized water is perceived as especially soft and gentle to your skin. Eyes are hardly burning and the chlorine smell, often regarded as unpleasant, is reduced.

Water vitalization with the aquaSpin also has considerable economic advantages for commercial premises because wet areas can be cleaned faster. Ecological advantages are the significantly reduced amounts of detergent and cleansing agents, the optimized use of swimming pool chemicals as well as the increased protection of pipe systems and technical facilities, together with a gradual reduction of maintenance costs.

The image boost for swimming pools, wellness facilities as well as for the hotel and restaurant trade resulting from content guests, increased customer loyalty due to the stronger feeling of well-being and positive references bring those, who are willing to break new ground and invest into the satisfaction of their visitors, new content guests and positive recommendations.

- The water becomes softer (a change of the cluster structure of the water and, in connection with that, an improvement of the water quality).
- Limescale on surfaces (showers, taps, other fittings, etc.) dissolves more easily and can be wiped off and washed away with less effort.
- Easier maintenance of shower partitions, tiles and natural stones.
- In connection with that: the saving of chemical cleansing agents as well as faster cleaning.

- No more limescale in water-bearing pipes in the future. Therefore, a significant reduction of maintenance costs due to the prolonged durability of pipes, valves, showerheads, taps, etc.
- Water heating becomes more effective: better heat conductivity of the water together with lower heating costs.
- Bathing or showering with activated water always has an enormous vitalizing effect on all people. They feel stronger and healthier.
- After bathing or showering with activated water, the skin is less dehydrated.
- The metabolism is stimulated, and the skin canb breathe better afterwards.
- A bath with activated water is not only vitalizing for the skin, but also for muscles and joints.
- Optimized use of chemicals: less chlorine can be added to swimming pools.
- Transmission of oxygen-information into the water through the integrated orgone radiator = vitalizing effect.
- With the orgone radiator, negative energetic pollutant-information can be removed from the water.
- Because the water is softer, shower gel, shampoo and other bath salts can be saved = active protection of the environment.
- Bathing becomes a more pleasant experience because of the perceptibly softer water.
- The burning of the eyes caused by chlorine as well as the chlorine smell can be reduced considerably.
- Strong magnets contribute to the dissolution of limescale.

Every user thus actively contributes to the protection of the environment, because the activated and energized aquaSpin water is brought back into the hydrological cycle in regenerated form.









e shops stomers Positive Erfahrungen im Bereich der Backwarenverarbeitung

> Positive Auswirkung auf Knetverhalten und Teigentwicklung

Better quality

- Teige sind wolliger und stabiler
- Leichtere Verarbeitung
- Verbesserte Frischhaltung
- Positive Auswirkung auf das Volumen der Backwaren
- Mehl erhält eine leicht erhöhte Wasserspeicherkapazität
- Einsparungen an etlichen Backmitteln und Mehlmenge möglich
- Qualitätsverbesserung der Teige
- Erhöhte Gärstabilität bei Broten und Stückgare
- Allgemein höhere Stabilität und weniger Produktschwankungen
- Positive Resonanz der Kunden insbesondere auf die längere Frische der Produkte

# Positive experiences in the field of bakery production

• Positive effects on kneading and the development of the dough

**Experiences of bakeries and cake shops** To satisfy the demands of the customers regarding the quality of the baked goods, many bakers use water for their products that has been activated and vitalized with bio-energy – and the results speak for themselves.

Sales increase and satisfied customers

Better fermentation of the sourdough due to activated water. Increased productivity, prolonged freshness, better taste, extended preservability of bread, fresher and better taste of baking produce are the benefits named most. A further advantage is the sales increase resulting from the use of activated water to produce baked goods.





- Dough is fluffier and more stable
- Easier processing
- Freshness is preserved better
- Positive effects on the volume of the baked goods
- The water storage capacity of flour is slightly increased
- Possible savings regarding a number of baking agents and the amount of flour
- The quality of the dough is improved
- The fermentation of bread and piecegoods is more stable
- Generally increased stability and fewer variations of the product
- Positive feedback from customers, especially regarding the extended freshness of the products

### Positive experiences regarding hot beverages

- The aroma of coffee and tea is more complex and intense
- As experience shows, companies reduce their amounts of ground coffee
- A symphony of delicious flavours for the customer
- Filter coffee can be kept in Thermos flasks longer without losing its fresh taste

### Positive experiences regarding the protection against limescale

- Less descaling necessary
- No stubborn limescale
- Easier cleaning
- Protection of steam pipes in the oven



- Protection of all appliances supplied with water
- Less maintenance work

### **Further positive experiences**

- Employees drink more water
- Customers taste the difference
- No unpleasant carrying of water bottles and saving of costs, space and time

# Practical experience with whole grain bread

The two pictures with the whole grain bread were provided by a bakery in France. On the left picture, you can see the bread whose dough was prepared with tap water and the right picture shows the same bread with the same ingredients, but with activated water. Additionally, the customers confirm increased freshness and a longer shelf life thanks to the use of aquaSpin water.



## BAKERY FRIEDEL Walter Friedel Rothenburg ob der Tauber

The Friedel Bakery & Confectionery in RothenburgobderTauberhasbeenproducing "Original Rothenburger Schneeballen" in the family business since 1882. Our aquaSpin has been installed there for some time now and the experience has been great. There is no more stubborn calcification in the baking ovens, and the desalination system has even been completely removed. In addition, the taste of the baked goods and products such as bread and ice cream has also improved.



"My name is Walter Friedel, owner of a bakery - pastry shop with café in the beautiful old town of Rothenburg ob der Tauber. We are known by our "Schneeballen". But besides the "Schneeballen" we have many other products in our offer. Two years ago, we became aware of the aquaSpin technology from the company H.Preiss International and I am pleased that I now have the opportunity to express my satisfaction in this way!



The use of this technology has worked very well in our ovens, as there is no more calcification. The softening system in front of the oven could even be completely removed. aquaSpin is a super product and I can highly recommend it.

But it's not just the oven; the benefits also extend to the entire house and to our products, e.g. the sourdough and the entire bread selection. The development of the dough is much more beneficial. The use of yeast could be reduced and therefore we save costs. The taste and quality are also quite a bit better with aquaSpin. But there's more. We also produce ice cream, and you wouldn't believe where people come from all over the world to buy ice cream from us! Why is that all of a sudden?

The whole ice cream tastes richer in fruit and the overall taste is better. The ice cream is of course accompanied by a cup of coffee and here we are back at the aquaSpin, because the coffee has a much better and more pleasant taste. Especially the espresso! At the end of the day, for all these reasons, there's only one thing for me to say: I can highly recommend the aquaSpin products!"

### Reference **Michael OPPEL Oppel Natural Bakery** Rauhenebrach-Untersteinbach, Germany



My name is Michael Oppel. We have a natural bakery in the German Steigerwald. The term natural bakery implies that we only use natural products. Thus, our farmers grow the crop in a way that was common in the past. We just process ancient crop. Clearly, the resource water captured our attention. We also want to go back to water like it was in former times without pollution, acid rain or the necessary of a clarification plant. We researched a while and discovered H.Preiss. A water treatment, which brings back the natural state of water.

The quantity of dough has risen, which is a great benefit for the baker. Because water is the most natural freshness retainer. The client feedback is very positive. Our customers claim that the bread is longer fresh. Another benefit is the decline of chalk in our ovens. We are very happy about that because it means a decrease of technical services.

For about one year we use the water treatment in our bakery. I can totally recommend their product to every baker, beyond that, not only to bakers. Also the positive feedback of my customers confirms my investment. I am happy with this story and happily share it. "The quality of our pastries depends on the quality of our water."





We only work with natural raw materials. That's why it was obvious for us to think about the whole topic of water. We receive incredibly positive feedback from our customers, for example, that our bread stays fresh much longer."

Mister Oppel - Natural Bakery Oppel Rauhenebrach-Untersteinbach



Positive experiences of fruit and vegetable farmers, gardeners, flower shops and tree nurseries

Water is a basis of life for all plants. Not only sunlight and nutritious soil, but also the quality of the water influences plant growth and affects the rooting and robustness of the plant.

Through our water vitalization with the aquaSpin, plants regain unparalleled vitality and yield capacity. As early as the growth phase, many differences can be identified. Plants are more resistant to pests and grow faster. But also during harvesting and flowering, multiple advantages arise. This has already been proven in many studies, and it has been confirmed by our customers. Plants appear to be more vital, and even cut flowers stay fresh longer than before in the hands of the customer. The scent of the flower will also improve and intensify. Many plants shine brighter and impress with stronger colours.

The aquaSpin water not only leads to greater flowerage, it also better protects your plants against harmful environmental influences.

Germination and plant growth are positively affected, and even a difference in taste can be identified. The flavour of fruit and vegetables is considerably intensified. Moreover, fruit and vegetables receiving vitalized aquaSpin water contain more nutrients. Tomatoes, for example, develop a pleasant acidity. And it is a feast for the eyes, too. Fruit and vegetables look better, yields are increased. After harvest, fruit and vegetables stay fresh for a longer period of time.



### Advantages of aquaSpin for horticulture:

- Plants and shoots grow faster
- Plants develop longer-lasting flowers with intensified colours
- Plants are more vital
- Stronger roots
- Cut flowers stay fresh for a longer period of time
- The taste of fruit and vegetables is intensified
- Higher yields and content customers
- Fruit and vegetables can be stored longer
- Plants are more resistant to pests and other harmful environmental influences
- They need less fertilizer and pesticide
- The aquaSpin is a single investment for you without maintenance costs or other subsequent costs
- Invest into pioneering technology only once and be newly certified through improved water quality











So schmeckt Natur!

Activated water and new juice press Sachsenobst press house scores with innovations

What may sound a little esoteric at first glance is now convincing to lovers of liquid fruit and vegetables at the Sachsenobst wine press.

This is because they have recently started working with so-called bioenergetically revitalized and activated water. The principle sounds simple, but understandable. Pressing conventional tap water under high pressure through dead-straight pipe systems often destroys the natural structure of the element water. By means of a so-called "aquaSpin" - a special connecting piece within the pipelines - the natural structure of the water is to be restored.

The element is thus brought back to its natural *"*form" and vitality.



The Sachsenobst wine press company has dared to experiment and has been convinced in several blind tastings of the changes in taste between products made with "normal" and "activated" water. The "positive" effects can already occur when the fruit is washed. "In the end, the activated' product always won out," says a technician at the press house. "The beverage was simply much milder and more harmonious in taste using the activated water. The decision was therefore made to install the aquaSpin." Whether there is an additional positive side effect for health when drinking activated water is something the technician at the wine press house does not want to commit to.

And there is another innovation in store at the wine press house. After 30 years, one of the two juice presses has become obsolete. "The standards in technology, hygiene, occupational health and safety and economic efficiency have changed in 30 years," knows one of the managers.

Precisely for this reason, and because they wanted to move away from the so-called open press system, they decided on a new press from the "Bucher" company. The advantages are obvious: faster, gentler juicing of the fruit and increased efficiency on the one hand; on the other, less oxidation and thus less discoloration of the fruit due to the closed system. The new press has been installed since June 2021 and will enter its second pressing season this year.







## Reference **Gartenbau KLEIN** Horticulture Appenfelden, Germany



My name is Bernhard Klein from the company Gartenbau Klein. We are a production company in Middle Franconia and produce potted plants for the specialized trade. Right here, we produce for season-related reasons the cyclamen, but also the poinsettia, our main culture.

We are a certified company according to Global G.A.P. and MPS. These are certain standards that you should comply with in order to actually set up a modern production. Hence, in terms of environmental concerns and, in addition, when selling to particular customers, this is imperative. But as a matter of pure conviction for the future, we even got certified twice. Hereby, the entire parameters are checked, in regard

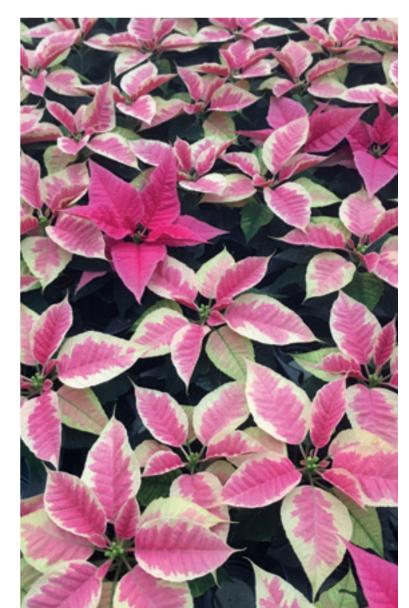


to fertilizer measures in crop protection, but also water is analyzed. We provided water samples and through the water activator, we have achieved a top result, which I can indeed prove with the water analysis. This has been the "icing on the cake".

# "Fruits, vegetables and plants grow better with the activated *aquaSpin* water."

Throughout the year, we grow various potted plants or outdoor plants for the specialized trade. I am convinced that we truly have to do the utmost for plants in the future. We are fundamentally moving away from chemicals. We have already economized plant protection and work a lot with beneficials as natural antagonists to pests and have since then achieved very good results.

Our most recent action was aimed at better supplying our plants with water and thus,



we have integrated the water activator. In fact, I am rather skeptical but the result has convinced me.

All I can say is that the plants – you can tell by the look of roots - are more energetic and vitalized and has a very positive presence.

To sum it up, I can only recommend it. In addition, what definitely convinced me is that the device is very unproblematic. After the installation, you have no maintenance work or costs and the result speaks for itself.











## EDIBLE FLOWERS FREY David Frey Fehraltorf, Switzerland



At Speiseblumen Frey in Switzerland, our aquaSpin is in use. The use of pesticides is very problematic for edible flowers, as they still have to be edible. With the help of our aquaSpin, the quality of the flowers has improved enormously: unique root network, free of mildew and the edible flowers have a longer shelf life.



"Hello, I am David from Speiseblumen Frey. This is my company, which I founded 12 years ago (2008). I actually come from the masonry industry and then switched to something that didn't exist in Switzerland vet - edible flowers, flowers for eating. That means all the flowers you can see in my greenhouses are edible. For example, the violets are very good as decoration or as a salad garnish. I have been doing this for 12 years now and started small somewhere else, growing only outdoors at first until I could afford my beautiful greenhouses. I have been in greenhouses for 6 years now. The issue with edible flowers is simply pesticide use. That is powdery mildew and downy mildew are always a problem once something is in a climate that is not natural. I struggled with it for a very long time and then I always had to throw away a lot of plants and overproduce so that the product could actually get to market, because I can't spray. As soon as I poison something it is no longer edible!

Last year in summer a friend approached me and he gave me the idea to install an aquaSpin enter activator from the company H.Preiss



International. This is the first year I am running production with it and the new generation of violets and also other plants that were already there in the summer are getting by with less and almost no pesticide. We have plants here that have been standing for 6 weeks and they are extremely healthy, free of any powdery mildew, free of any botrytis, the root system is unique, beautifully white and nicely interwoven. We have no problems there and so I am very happy to have decided to install this technology. Because of course it also brings me a greater turnover!



I have plants here all the way to the back, which is about 7,000 violets and I can keep those 7,000 violets. Usually around this time, 3,500 of them are already thrown away because we have the powdery mildew and botrytis issue. But we have other plants that have been here since the summer. They've recovered nicely, thanks to the aquaSpin water activator. So I see across the board in this greenhouse an improvement in growth rate, resistance to any fungal species. And the quality of the flowers has also improved and they last longer.

",I can only recommend aquaSpin, because I am absolutely convinced!"

### Reference **Mediterraneea - Batz** Garden design - Krautostheim

We the Mediterraneea team, area small horticultural company in the area of landscaping, i.e. garden construction. We design gardens and offer services around the house and garden. From an entirely new gardening system to redesign, and remodelling of gardens. We work a lot with exotic plants, e.g. palm trees, citrus plants, cacti, agaves. Everything in the Mediterranean spectrum.

Few customers know that these kinds of plants can survive winter in our latitudes. And this is why we have created a show garden, so people can see that even with little effort these plants can also flourish here.

We were looking for a solution since we had a lot of problems with calcareous water and the lime caused a lot of damage to the plants. While we were conducting research, we came across the H.Preiss water activator.

My son can tell you more about this: I myself haven't been part of the company for long. But one thing I certainly noticed: in the beginning, it was quite difficult; especially when we ordered plants from other regions for our purposes. These plants were mostly used to a different climate.





And it is difficult to plant them in the same way with the same growth here in Germany. Especially in rural areas the water is extremely impure and cold. Calcareous and not suitable for plants. The Preiss water activator helped us to fundamentally improve this problem at its core. Compared to other filter systems, this filter doesn't remove the lime itself, it changes it.

The structure becomes pure and natural. The plants notice this, people notice it, you will notice that too. It doesn't matter whether it's the citrus fruits, the agaves or the coffee you brew. The water that gets activated with the Preiss water activator has been enriched and fulfills your life. We from Mediterraneea can only recommend it to you.



## Reference Peter MIFS **Grassland Care Mies** Ternitz. Austria



Hello, this is the company Mies and we are in charge of landscape maintenance in the district of Neukirchen, Ternitz. We pay particular attention to weed control, and we try to destroy weed without chemicals. We do this with hot steam. That is, water is heated to a temperature of 130 degrees and then it is applied to the plant. As a result, the plants die. Our focus is that this really happens without chemicals and that we use ecological and biological substances and no chemicals. Of course, at temperatures as high as this, lime poses a problem. That is, our problem



# Stadtgemeinde wächst Unkraut über den Kopf unden. Derzeit sind wir mit der

Beängstigende Ausmaße nimmt das Unkraut bei den Geh- und Radwegen in Ternitz an. Die Lösung: Dampf.



TERNITZ Verbei sind die Zeiten wo mit der chemischen Keule der Unknautwuchs in Zaum gehalten wurde. Seit die Stadt Ternitz glyphotat-firei arbeinet, werden die knapp 150 Kiloeneter Geh- und Radwege rusebends von Unkraut überwachert - etwa in der Opfergasse oder in der Schneeberggas



Stadtwire Christian Samseald bei den ungeliebten Stauden, hier im Bereich der Opfergasse.

Stadtamtadirektor Gernot Zottl und Stadtvize Christian Samwald (SPO) beim Lokalaugenschein mit den Bezärksblättern: "Glyphosat hat nachhaltiger gewirkt, well mich die Wurzeln mit abgetötet

unnten Wäcknautbürste un

Der Haken an dieser Lösung; d Der Hahen an dieser Lösung, die Bürste greißt auch die Fandsteine und den Asphalt an, weil sie mit, sehr groben Deähten arbeitet. "Dadurch können sich Folgeko ergeben", so ZottL

Jetrt wird Dampf gemacht letzt kommt ein 40.000 Eun teures Dampfgerät ins spiel. Sam ein 40.000 Wir rechnen in den när sten Tagen mit der Austieferu wald Auch der Dampf soll diss Unkraut bis in die Wurzeln vernicht Umwehtfreundlich, aber lar geht diese Methode woran. während früher das Gitt bei fle Fahrt verspritzt wurde, kann di Dampigerit laut Samwald na Schrittlempo einges



was that limescale occurs fast in hot water and therefore, we had to find a solution. First and foremost, there are substances that can be added for water softening, but of course this is a question of costs. What to add, what amount etc.

During a fair, we got into conversation with Mr Aminger and talked about his aguaSpin. This was something interesting for us and then we said, okay, we'll give it a try.

The effect of the aquaSpin is that it makes lime round and therefore, it cannot settle that easily. And as a result, we make considerable savings, also regarding running costs. Yes, you have to spend money because you have to buy it, but we need fewer additives and water softeners. And it works perfectly. I cannot say anything bad about it. As I said, we had to spend some money, but the running costs have decreased rapidly afterwards. And it works completely without chemicals, which is very practical for us.

# Chemiefreie Unkrautbekämpfung

In der GR-Sitzung am 14. April 2015 warnte ich in meinem Bericht an den Gemeinderat vor der vermutlich krebserregenden Wirkung des Umweltgiftes Glyphosat und berichtete im Juni 2015 im Gemeindeinfo darüber.

#### Gemeinde bekennt sich

Unsere Bürgermeisterin hat 2015 ein "Bekenntnis zum Verzicht auf Pestizide" unterzeichnet. Damit legt die Marktgemeinde fest, dass keine Pestizide auf öffentlichen Grünflächen eingesetzt werden, die nicht der EU-Bioverordnung und dem "Natur im Garten" Gütesiegel



entsprechen. Unsere Gemeinde setzt damit ein Zeichen für ökolo-



gisches Bewusstsein, den Schutz unserer Umwelt und der Erhaltung der Lebensgrundlage zukünftiger Generationen.

#### Wasserdampf als Alternative

Eine gute Möglichkeit bietet die Firma "Gartenpflege mit Persönlichkeit und Herz" (petermies@gmx. at). Hier wird Wasser mit einem Heißdampferzeuger zu einem 150 Grad heißem Wasserdampfgemisch erhitzt. Über einen Spezialschlauch wird das Unkraut mit Dampf bekämpft.

Am 25. Juli wurde die Unkrautbeseitigung mit Wasserdampf am Gehsteigrand der Warther Aichhofstraße getestet.



# Higher yields Healthier animals

# Activated water allows vegetables and cereals to grow better!

In various experimental arrangements and also in many practical applications one thing has become clear: bio-energetically activated water has a considerably positive effect on the growth of various types of cereal and vegetables.

That which has already been proven in studies over many years on the subject of the possibilities for the transfer of bio-resonance and its effect on the germination and growth yield in the horticulture sector is something which our satisfied aquaSpin customers and users will only too readily confirm.

No matter in what area of horticulture or farming, we consistently receive positive feedback regarding the growth yield and shelf-life of cereals, fruit and vegetables. All users are pleased to have increasing clds and satisfied customers.



Here you can see photos in which the left images show irrigation of the same seed with conventional tap water and the two right images in which the irrigation water was bio-energetically activated. The different growth performance is not to be denied.

### Experiences in agriculture and livestock:

- Animals prefer vitalised water and drink more of it
- When animals drink activated water the immune system of the animals becomes more robust resulting in fewer costs of veterinary expenses.
- Older animals become more vital
- More beautiful fur thanks to activated water
- Animals become more balanced
- Watering bowls and troughs remain algae-free
- Milk tastes more refined
- Reduction of medicines
- Higher agricutultural yields
- Stronger plant growth for example grain, fruits and vegetables.
- Vitalized water lasts longer
- Higher milk output of cows
- Better barn climate and better rotting of the dung
- No increase of flies during heat waves
- Liquid manure can get into aerobic processes thanks to activated water
- Activated water can be applied via a field sprayer for plant and arable soil vitalizisation.









"Our well water contains much lime. Since the device has been fitted the pigs drink more. The limescale dissolves more easily."

Mr. Pfeiffer from Illesheim Farmer COLLE-VITALISIERER

TECRNOLOGIE: Ein Milch- und Ackrebauer zeigt, wie er die Wasser- und Güllequalität aufwert «Der Gülle-Vitalisierer ist einzigartig»

#### IN TRACK and des Gills er ein. Diese i richtes Wasse 8400 & noteN

## Oppige Pflanzon

Paul Huber is almost two meter tall and is standing upright in his rapeseed field. With the revitalised menure the plants grow rapidly.

# RAINACKERNOF





## Reference Paul Huber Farmer in Switzerland

We have a family-run farm with dairy, pig and arable farming. René from the company Preiss approached me and said, look, this would be something for you. And with a brochure he explained the manure revitalizer and water activator to me.

Then I started to take a closer look and I had to admit, this really would be something. Then I bought it from him and had it installed. The manure revitalizer into the slurry pit and the water activator onto the water pipe. After 1-2 months, I spread the slurry onto the fields, and I really have to say, the slurry is odourless, that is, you can hardly smell anything. The slurry is also considerably more homogeneous.

And it falls off the plants much better. You can also see here that my daughter spreads the slurry onto the fields which means that you can really smell nothing. My considerations are also better plant growth as well as less ammonia in the air. Yes, this was a further reason for buying the water activator and manure revitalizer. For the good of the environment, to do something good for the environment. The water also tastes different. It is very good for the animals and better available. Furthermore, we use less medicine on the farm. Fewer chemicals are necessary on the fields and for the plants. Yes, and you get higher yields in general!

How long have we been using this device – since late February. I also noticed it regarding our milk. We still sell milk on our farm. And the feedback is good: They have never had yoghurt as good as ours. The homemade yoghurts become very thick. And the taste is also much stronger because of the milk. I can only recommend it.







We are a family business in the third generation and we now belong to the GAEC (La Grande Metairie de Villeneuve).

The core business is limited to dairy, but we also partly focus on grain production. We supply the Servas dairy which expects high-quality milk for their blue cheese "BresseBleu".

Since the water activator from OZEALE (H.Preiss partner in France) got installed we are able to achieve much better results in the quality checks than before. The milk quality tends to keep improving because the leukocytes do not move anymore and the fat and protein levels of the milk remain constant.

Within the herd of cattle, we observe (compared to previous years without water activator) a higher increase in milk production by about one and a half liters within one season.

The cows have also become much calmer, previously they tended to stay "safe", you could say that we "got closer" and that's great. The milk churns have also been cleaner since the activator has been installed. Previously we had to clean them with a sponge and lots of detergents to be able to remove the stubborn milk stains. But now we just wash the milk churns. Taking into consideration that this jug has been used for 10 months, it is still very clean. The layers of algae on the water have disappeared since the installation of the activator, the water is cleaner and our animals drink a lot more. The consistency of the cheese is absolutely not comparable anymore to before. The cheese is much firmer, the consistency is better, it convinces by its nice look and tastes great. It is mild, less acidic, much creamier - a cheese that has changed and for the better!

The water activator does not require electricity and the water is not rinsed into the sewer system - the procedure is perfectly ecological and sustainable. Finally, we would like to emphasize that we haven't regretted the investment at all.



Reference Martin MAUTENDORFER Herbs, Teas & Spices Klagenfurt, Austria





Water plays a vital role when you make a tea or coffee and also when you cook.

Everyone can easily have a try. Take water directly from the tap and compare it to filtered water. There is a massive difference.

As the water in Klagenfurt is extremly calcareous and not of a high quality, it didn't really take much to convince me.

Now we've been using this system for around three years in our company and it runs smoothly. We and our costumers are very happy with it.

Everyone can see how good the quality is and how much more you enjoy it again to drink water.

Many people carry around litres of mineral water from the shops to their homes, but it's much easier and cheaper just to use a water filter system at home.

"It is one of the laws of nature that you must keep everything pure. Especially water. Keeping water pure is one of the first laws of life. Whoever destroys water destroys life."

Native American wisdom

## Reference **Anja Freese** Natural health professional Hamburg, Germany

# What does water have to do with your health?

My name is Anja Freese, I am a natural health professional, former midwife and HNC therapist. HNC (Human Neuro Cybrainetics) is a treatment method that works with humans, their nervous system and ist Control cycles. To regulate the programs, that happen in our body and guarantee a cleanse of the body, we need water.

The structure of the water is crucial here. It should be pure, hexagonal water to transport waste products out of our bodies. What does this mean? Hexagonal water is structured

so that there are certain binding capacities that improve the substance transfer in our body. Thanks to contact with hexagonal water, the water molecules in all our body cell fluids reorganize, so that also processes in the body like signal transmission in the nerves or the blood circulation can get improved.

### Where can we find such water? In nature.

In the sea, in rivers, or in an artesian source. Since this kind of water is usually not available for us, I can recommend the aquaSpin from H.Preiss that transforms tap water into hexagonal, very high-quality water. Not only when drinking water and tea, but also when taking a bath, showering or when preparing food you can benefit from the advantages of hexagonal water.

Another special treatment technique, in which molecular hydrogen (H2) is extracted from water (H2O), can also have a health-promoting effect. The hydrogen serves the body as an antioxidant, which means that free radicals that could harm our cells are bound. With increasing stress in our society, this is



My goal: "Increased wellbeing and health in accordance with nature."

especially important. The Hydron of the company H.Preiss generates additional molecular, active hydrogen in the water and thus serves as a possible radical scavenger of their health.

Environmental pollution, drug residues, and microplastics in the water make it necessary today to choose the right water. You decide, what kind of water you drink. I recommend the osmosis systems from H.Preiss International that I personally have been using for a long time.

70% of your body is water. My recommendation: Pay attention to what water you give your body for your health, for your future. You can't buy yourself a healthy future but you can buy the tools.



## Reference Hans BAUEREIß

Carpentry Bauereiß GmbH Bad Windsheim, Germany



My name is Hans Bauereiß and I am a master carpenter and that since over 30 years. I do this job with a lot of passion. In our plant, we primary work with solid wood and in particular, stone pine wood. This special wood comes from Austria and has a very special advantage: One of its ingredients has a soothing effect on our organism. The sleeping and recovery phase is supported.

For some years now, we've been using a water filtration system from the company H.Preiss, the artesia24, in our plant. It is only logical for us that all of our employees have access to this system and they use it with pleasure. As we have a good business relationship with the company H.Preiss, especially with Helmut Preiss, he introduced us to the water activator, water in general, how it reacts and can get more energetic. We noticed a different taste of fruit juices – just by bringing them close to the activator and so the idea was born to consider applying activated water on wood.

In order to get a smooth surface, wood needs to be watered anyway. We do the watering with activated water for quite some time now. The first attempts were promising. The surface is as a result super smooth and our customers' feedback is better than ever before.



They tell us that they are feeling so good, that they could uproot trees every day. When they get up in the morning they are recovered and start the day full of energy. What could be better for us then happy customers?

Without a doubt, with the activated water we got a great deal closer to achieving this.

#### www.bauereiss-schreiner.de





## Reference **HERZKINDER**

**Non-profit organization** Linz, Austria

My name is Michaela Altendorfer and I am president of the organisation Herzkinder Austria. Herzkinder Austria is an Austriawide contact point for cardiac children, teenagers, young adults and their families. We are currently taking care of 4000 families Austria-wide.



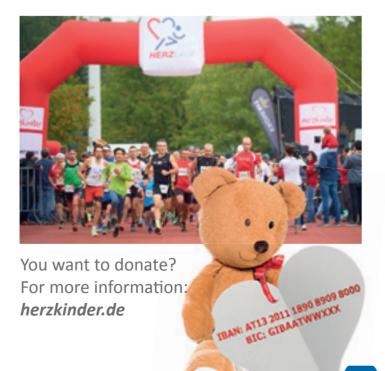
We have different projects and one of our projects is the Teddyhaus Linz, a house, or rather a home for an indefinite time, where 16 housing units offer families accommodation for the period of the hospital stay. These housing units are fully equipped like any conventional apartment.

One thing we have always been confronted with is that we have very hard water here in Linz and have been struggling with it because oftentimes washing machines and coffee machines were defective and we were faced with the challenge of how to solve this problem. Then we began collecting information concerning water treatment and about what could work for us, and decided then, years ago, on a water activator by the company H. Preiss, after a very elaborate conversation with Mr. Preiss. We have been using it for several years and are very happy with this decision, because many things became easier.



On one hand, the drinking quality of the water is very good, it tastes natural, which is very important to us, and the appliances are rarely ever broken, many things are easier to clean, like tiles and shower walls. All in all, it was a very good decision and we didn't regret choosing this water activator.

We can highly recommend it, we are very pleased with our choice and can only tell everyone to look into the matter, to have a very good expert discussion and to listen to the pros and cons. It gives many advantages and especially the quality of the drinking water is simply very good.



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### Reference **ERLA MARIENSCHWESTERN** School for economic and social professions St. Panataloen, Austria





I am sister Rosa. Here in Erla at St. Valentin we have a school called school of mary sisters and are leading a triannual professional school for social management and a school for social support jobs and are in charge of about 140 to 160 young people. I as a matron feel really responsible to give these young humans, my co-sisters, the teachers, the co-workers a good water. And with that I am really hoping that we are able to drink this precious water that we have right here in the future as well. 60 litres of water, and now in this time of drought, we are reading it everywhere, still about 40 litres of water onsite, in proximity to our school, no long transportation ways, no unnecessary pumps that consume energy, this treasure we have right here. But there is a problem. Through agricultural use more and more nitrates have gotten into the water in the last decades. We see our protective area here, we see the entire gathering ground of our water on this map. What are we doing? We are faced with a problem. How can we still use this precious water for the humans that are entrusted to us?



We were on the lookout when my co-sister, sister Maria Angela, told me that there was a device that makes water taste better. There is a Mister that can inform very well who we should invite to maybe find a solution. Mister Aminger is coming to us, Mister Aminger, please. He will tell us about this device.

Following the recommendation of a nice customer I came to the mary sisters in Klein Erla and we conducted a water specialist counselling. After conducting the tests and the sisters tasting the water they decided to install one of our technologies in the kitchen, a membrane technology that is able to remove these sadly existing problems like nitrates and pesticides from the water. Thanks to that the sisters and the pupils at the school Klein Erla enjoy a water that you would usually only find in the environment and nature, like you would only know it from fresh mountain spring water. And we were verv curious if that is actually true and had the device installed and tasted the water. Sister Maria Angela commented: Well, I'm always happy to be able to drink our water again when I'm



coming home from a holiday because it agrees with my stomach and doesn't strain at all, it's so light.

When I make my herbal tea, I notice the colour of the tea, the flavour of the tea. The herbs are emphasized with their healing power, their aroma. I am completely excited, solely by the flavour and the effect. In the past I was drinking only little water and I was always told that water is so healthy and that I drank too little. But it didn't taste good to me, it kind of burdened me in my body, nobody believed me that I didn't tolerate water, everybody said that you can always drink water. And this water I can drink in litres, it is good for me and I'm always looking forward to it.

But we didn't just leave it at your taste, I was also intrigued, I had to submit this to the authorities. What's really with nitrates and pesticide residues. I was eagerly awaiting the result and was curious when I opened the letter. There actually aren't any left. That was a very huge relief for me. This device can actually do it. Of course, we are absolutely happy that the pesticide residues are gone. The water would be drinkable, considering the boundary values, but we know now that these pesticides are contained and are so happy that we have a healthy water free of pesticides thanks to this device. Well, I'm going to be serving you a truly good water. You will really notice the difference between the normal water and this one, yes, you notice the difference. We use the water for cooking, for everything, because it is free from limestone, all harmful substances are filtered. I'm serving you a glass so that you can learn about this water and a glass of the other water which you already know. We know it but how do you manage it in the kitchen with soup, tea, ...

Yes, of course we have to ration it a bit, we start cooking soup in the morning, that's our pot we use for soup every day. That's actually a big amount and in the course of a day, around noon we have to make sure to provide our pupils with water, which is very important to us because the harmful substances have been filtered out while it would be way too precious to use it for doing the washing up.



And you also notice it with coffee machines that there is no more limestone. You have to use less chemicals for decalcifying, we don't need that anymore with the good water.



#### Environmental Award for senior residence in Raunheim



# Seniorenresidenz

Die Seniorenresidenz erhält den "Green Drop Umweltpreis 2018" für eine Entkalkungslösung des Kneippbeckens. Sie hilt dabei, jährlich 50.000 Liter

Wasser zu sparen.

RAUNHEIM - (mka). Die nach Kneipp zertifizierte Wasseraufbereitung mit dem "Green Drop Umweltpreis 2018" ausgezeichnet Wie es bei der Preisverleihung durch Stifter und Unternehmer Helmut Preiss an worden.

K&S-Regionalleiterin Susanne Ohlf und Residenzieiterin Jana "esmann hieß, soll durch die Auszeichnung der Mut honoriert werden, dass "im Qualitätsmanagement

auch unkonventionelle Wege" beschritten werden. Das von K&S betriebene Haus startete im Mai 2014 als eines der ersten Attenpflegeheime in Hessen unter anderem mit einem Kneippigarten und einem Kneippbecken. Das Wasser, das in Raunheim sehr kalkhaltig ist, stellt eine besondere Herausforderung dar. Der Kalk setzt insbesondere der 10 000 Liter

fassenden und von Mai bis Oktober genutzten Tretbeckenanlage zu: Der Inhalt des Beckens musste durchschnittlich alle drei Wochen komplett neu befullt werden. Seit Juni 2018 ist die sogenannte Aquaspin-Technologie im Einsatz. Dabei wird das durchfließende Wasser über einen windungsartigen Verlauf verwirbeit und energetisch aufgewertet. Verschiedene weitere Stufen der Aktävierung verändern die Struktur des Wassers so nachhaltig, dass es danach "eine annähernde Wirkung aufweist wie natürliches Quellwasser". Die Qualitätsverbesserung führt danu, dass das Wasser im Knelppbecken bedeutend länger algenfrei und Trisch bleibt.

In der Seniorenresidenz können allein in dem Bereich jährlich 30 000 Liter Wasser eingespart werden. Wie Residenzieiterin Jana Tesmann erklart, wirken sich die umweltschonenden Einsparungen auch in den Bereichen Wascherei und Hauswirtschaft aus. So konnten die Entkalkungsvorgänge der diversen Küchengeräte deutlich reduziert werden.

The senior residence receives the "Green Drop Environmental Award 2018 "for a descaling solution of the Kneipp basin. It helps to save 50,000 liters of water annually. (mka)

The Kneipp certified senior residence received the "Green Drop Environmental Award 2018" for their resource-conserving water treatment. As explained by the award donor and entrepreneur Helmut Preiss to K&S Regional Manager Susanne Ohlf and residence manager Jana Tesmann, their courage to choose "unconventional paths in quality management" should be honored with the award.

The residence, operated by K&S, was one of the first nursing homes in Hessen to install a Kneipp garden and pool in May 2014. The water which is very calcareous in Raunheim, is particularly challenging. The lime is especially a problem in the 10.000 liters comprehensive pedaling pool system that is used from May to October: The content of the pool has to get entirely refilled every three weeks on average.

Since June 2018 the so-called aguaSpin-technology is in use. Therefore, the flowing water gets swirled through a meandering course and thereby gets energetically upgraded. Various other levels of activation change the structure of the water to an extent that it has almost the same effect as natural spring water". The quality improvement leads to a significant decrease in algae so that it stays algae-free and fresh for longer.

In the senior residence, 50,000 liters of water get saved annually by this improvement. As residence manager Jana Tesmann explains these environmentally friendly savings also apply to other areas such as the laundry process and housekeeping. Descaling processes of various kitchen appliances could be significantly reduced.





Laureate H.Preiss International ENVIRONMENTAL AWARD 2018 Raunheim, Germany









POTENTIAL OF SAVINGS of the laureate 2018

Water Consumption Kneipp basin (May - October) before aquaSpin installation: 80.000 Liters after aquaSpin installation: 30.000 Liters Savings: 50.000 Liters of water

Savings of the therefore used amount of working time in percentage - **Decrease of 62.5 %** 

#### Sanitary cleaner Milizid

Ingredients: Nonionic detergent, inorganic and organic acids, dyes, fragrances before aquaSpin installation: 156 Liters per year after aquaSpin installation: 36 Liters per year **Savings: 400,00 Euro** 

Washing agent Savings since June 2018: 800,00 Euro

**Descaling of the coffee machine** before aquaSpin installation: every 3 weeks after aquaSpin installation: every 6 months **Decrease of 88%** 

# ERTFICA $\left( \begin{array}{c} \\ \\ \end{array} \right)$

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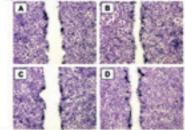
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De Diplinase de Schware-Automburg ergeben, dass bei einer Teel 10 toth in Kulumebun de resticke zelfner Raun f nich 1.1 s 2.2 % being, pitch für des Ausgergenes en Kulumebun sein zwar gundestich de Reger heie Raun being für "anleisch Premun" Atseer 1.4 ant für "afterschi Premine" Masser enseme nich 18,1 a 3,1 %. Be 20 Vo spenenden lectri ab, der mellete in 1,4 a 1,5 % und für den Ausgergen m Ruturnedust taken proc. Inter Rout being for untersoft freemu an 20.4 or 2.3 %. Alter Angelein and Mi for 20.4 or 2.3 %. Alter Angelein and Mi ne a th

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GUTACHTEN Ober Trinkwasser-System associ Membran Technolog analis. Peolicias. tor, Kalk, Mirati But



#### Hiermit wird bescheinigt, dass

Bioenergetisch belebtes H Preiss-Wasser Bio-energetisch belebtes aquaSpin-Wasser H Draice-Maccoraktivator

emen signmaan: pusituren emmuss aur uas energieniveau, die Regulationsfähigkeit und das Stressniveau des menschlichen Organismus hat.

Die unterstützende Wirkung dieses Wassers, aufbereitet über die Umwelt-Technologie **aqua5pin®** der H.Preiss International, wurde dokumentiert im Bericht zur

#### Studie mittels EPC/GDV Bioelektrographie zur Wirkung von bioenergetisch belebtem H.Preiss-Wasser auf von bio-energetisch belebtem aquaSpin-Wasser

Die Messungen und Auswertung der Bioenergiefeld Parameter von 28 Probanden wurden am Institut für Bioelektrophotonik vorgenommen.

Würzburg, 9. Januar 2016



ten care Lutz Rabe, M.Sc. EE Institute for Bioelectropho

# aquasin

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# ER WORLD

Trink was Deines



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#### Presented by:



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